SEVEN STEPS TO A NEW WAY TO PRAY

By Dwight K. Nelson

1. Daily conversations/meetings with Jesus.
   a. Early morning (or freshest, best time of day)
   b. 20 min (10 min. if crazy busy)

2. Read in the gospels only (Matthew/Mark/Luke/John). Keep it focused on Jesus.

3. Read only one story/miracle/incident/parable/teaching at a time. (3-12 verses)

4. Re-read to relive. Multiple times. Turn story to Blu-ray in your mind. See/hear/touch/taste/smell the entire incident in your mind in as much detail as you can.

5. What does this story tell me about my Friend and Savior Jesus?

6. Journal your response.
   a. Write date and verse(s) that specifically speak to you in red.
   b. Write a letter/email to Jesus.
   c. Occasionally, write a letter from Jesus. What would He say to you right now?

7. Kneeling prayer
   a. daily schedule, concerns/anticipations
   b. intercession

By the grace of Jesus, I purpose to spend the best portion of every day alone with Him in His Word and in prayer.

Signature_____ Date_____